

Glacier Climbing Course 2019

Climb Mountains with One Step at a Time (OSAT)



©Lindsey Koon

Who Can Sign Up?

OSAT's GCC Course is for members of a 12 step recovery program, their family, and their friends. You must be an OSAT club member. To become a member, please visit osat.org/join

What Skills Will Be Taught?

During this 6 month course, you will learn about: group safety, wilderness navigation, rope travel, ice-axe usage, crevasse rescue methods, snow camping, and more. This will prepare you to climb mountains such as Mt. Baker and Mt. Rainier.

What is Required?

This course required participants to undertake a serious conditioning and training regime. Field trips, seminars, and group conditioners all require 100% attendance in order to be eligible for graduation climbs.

Registration Details:

- December 1st, 12:01am registration and payment opens
- Register at osat.org/calendar after you've become an OSAT club member
- December 15th last day to pay. Course fee of \$145 is non-refundable after the first seminar.
- Course will begin February 2019. Final course dates and times TBD.

Keep Climbing Mountains and Don't Slip!

WOO!