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ONE STEP AT

A TIME

(OSAT)

MISSION:

“To provide a clean and sober environment for members and friends of 12-step recovery groups, to participate in outdoor and social events in the spirit of conservation, preservation, and ecology.”

Keep climbing mountains and don't slip!

Who is that rope leader gaining the crater rim on Rainier? Make a correct guess and win a prize!

First Annual Talent Show is a Success!

On the evening of Saturday, August 24, 2002 OSAT's first annual Talent Show was held with overwhelming success.

The doors opened at 5:30pm and a slew of folks came in to help set up the hall. Within an hour Lori U. and her crew had decorated the walls, set up all the tables and chairs and got the kitchen arranged for the potluck. Thanks to Paul for coming up

(cont on page 5)

SEA-FARING ON SUNDAY



Three students, Rob C., Mike P. and I, ventured to Enetai Beach Park on Sunday, August 4, for a beginning kayak lesson. Rob and I rented kayaks from Cascade Canoe and Kayak, at the park on Lake Washington, and Mike had a loaner, home-built from a kit by OSAT member Annie B. *(cont on page 6)*

2002 OSAT CAR CAMP



When: Friday September 13-15

Where: 8 Mile Campground, Icicle Creek Canyon, Leavenworth

Cost: Free

Reservations? No

Musical Instruments: Yes

What: Hiking, Rock Climbing, Biking, Fellowship, and much more!

Directions: Go E. on highway 2 from Seattle. Just as you enter Leavenworth - Icicle Creek Road is first Rt. - Follow Icicle Creek Road about 8 miles. You will see Eight Mile Creek Camp ground on left hand side.

Alternate Route other than Hwy 2: If coming from S. end of Seattle take 90 E. to Cle Elum - to Route 10E - to 97N towards Wenatchee Leavenworth. to Hwy 2 turn Left. - It will be 5 miles towards Leavenworth.

Just prior to leaving town you will see Rd. to Left called Icicle Road. Follow 8-10 miles to Campground.

BOTS MEETING MINUTES

June 17, 2002

Nancy T's house

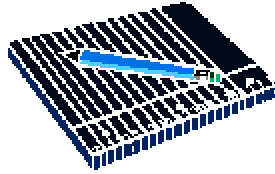
Meeting started at 7pm.

Attending: BOTS members

Nancy T, Mike R, Russell S,

Pete S, OSAT Treasurer:

Teresa, OSAT Memberships: Jane



Minutes from last meeting discussed.

Old Business:

A. Sea Kayak Course: Mike to notify Safety Committee of BOTS go ahead for Sea Kayak Course. Mike to notify John S, who volunteered to do Kayak Course, that he will need to sign an OSAT waiver.

B. Entertainment for club meetings: We have not had responses from the two people we hoped we could provide entertainment. Pete S volunteered to bring in a short, silent ski movie of the German "Mountain Movie" genre, for the January Club meeting.

C. Discussed scholarships/aid/lending gear for future Climbing Course students. A vote was held regarding offering scholarships. It was a unanimous "no" against scholarships. It was decided not to offer /aid/lending gear. Instead we decided to investigate reinstating the gear swap, and to consider having the gear swap early in the Glacier Climbing Course. The monthly club meeting was suggested as a place to have a gear swap. Brian C was consulted during the BOTS meeting, via speakerphone, and he brought up the history of OSAT club gear disappearing. Suggestion was made by Mike that we have a gear committee.

New Business:

A. Jane presented a request for financial support for an OSAT team who will compete in the American-Canada relay. This is a 220-mile relay! The cost is mostly for rental of a van and gas for several vehicles. There was a unanimous "yes" vote for the requested \$350.00.

B. The Glacier Course Committee requested \$240.00 to pay for climbing permits. These permits are for the rope leaders on the Glacier Course Rainer climbs. There was a "yes" vote for this request, with Mike abstaining. The Glacier Course Committee indicated that they would be able to meet these fees next year.

C. Nancy has the key for Mercer Island club meeting. It was noted that we need coffee, sugar and cups for the club meeting. Teresa volunteered to pick it up.

D. Mike asked if there is a record of when BOTS members were elected. It turns out that BOTS members are elected in November.

E. Mike noted that we need to put out a check to hold the hall for the XMAS party. Mike and Nancy T will find out if the Highland Community Center has been reserved.

F. We don't know if the church, where we plan to have the Gratitude Dinner, is reserved. Teresa will ask Bob if anything has been done to reserve it. If not, she will ask Lori to reserve it.

August 19, 2002

Nancy T's house

Attending: Russell and Nancy T.

Minutes from last meeting discussed.

Old Business:

A. Regarding upcoming nominations for 2 BOTS positions, Russell and Nancy will consult with Bob L about details. We will announce openings for nominations in September.

B. Regarding corresponding with the Yodel, Nancy T sent the July Bots meeting notes to Scott Harder for publication.

C. Discussed rescheduling the climbing ranger, David Gottlieb, for a club meeting possibly in February 2003 (after climbing course has started) or October, 2002, depending on his availability.

D. The car camp: Karen R. is helping Dick & Tino organize it (September 13-15).

New Business:

A. Ask Rob for the new location of the OSAT library in Bellevue, find out it's accessibility and get out the information to the membership.

B. Volunteers are needed to help coordinate the Gratitude Dinner.

C. Chuck A., our T-shirt Coordinator, will be giving Jim K. 2 dozen OSAT embroidered T-shirts for the Talent Show participants.

D. Chuck A.'s 2 year service as T-shirt/Merchandise Coordinator will end as of November. The position will be open at that time.

BOTS meetings are on the 3rd monday of the month at Nancy T's home, 134 NE 62nd St (east side of Greenlake), 206-523-0844, EXCEPT for September 19th when she will be out of town and another site will be determined.

Notes by Nancy T.

OSAT QUICK-REFERENCE

Board of Trusted Servants (BOTS)

Dave S.	425-557-9931	<i>Shiftyd1@juno.com</i>
Mike R.	206-634-1583	<i>mikerobb@aol.com</i>
Nancy T.	206-523-0844	<i>nthorpee@juno.com</i>
Pete S.	253-475-5545	<i>petestaples@attbi.com</i>
Russell S.	425-753-3525	

12-Step Meeting Coordinators

Tino	253-826-1464	
Dave B.	425-353-8154	<i>dgbrown5@gte.net</i>
Tracy M	425-204-0168	<i>tracybruce@earthlink.net</i>

Contact People

Activities:	Lori U.	425-430-8738	<i>Namaste2b@aol.com</i>
Activities Hotline:	Pat A.		<i>spamulino@yahoo.com</i>
Finance:	Teresa F.	425-353-8154	<i>tt.flynn@verizon.net</i>
Library:	Rob E.	206-718-6722	<i>rob@orcahome.com</i>
Membership:	Jane L	206 686-2927	<i>jane.lockwood@gettyimages.com</i>
OSAT East Coast:	John H.	617-641-3423	
Running:	Doug H.	425-271-5116	<i>dougsue@aa.net</i>
Safety:	Dave N.	253-752-9214	<i>offbelay1@juno.com</i>
Service:	Tino/Dick D	253-826-1464	
Yodel:	Scott H.	425-346-9302	<i>yodel@osat.org</i>
Webmaster	David C. (Dax)	206-623-7857	<i>webmaster@osat.org</i>

OSAT Club Meeting: Monthly OSAT club meetings are held the second Wednesday of the month at 7:30pm. Located at 4545 Island Crest Way, take the Island Crest Way exit from I-90, the church is 1.6 miles south of the freeway, on the right. The meeting is held in classroom#1, upstairs on the north end of the building.

OSAT 12-Step Meeting Locations:

Tiger Mountain Time: Thursdays @ 7pm & Sundays @ 10:00 am

Location: The Tiger Mountain Trailhead is on the south (right) side of the High Point Way Exit (1st exit east of Issaquah) off I-90. Make a reverse U-turn onto the road parallel with the Interstate. Park as close as possible to the west end of the road to use the cable line trail, or in the upper parking lot to use the regular trail (recommended for first-timers).

— Thursday Contact: Tino Sunday Contact: Tracy M

Notes: Newcomers should not try to find this meeting alone. We meet in the trees just below the summit of West Tiger 3. The hike gains 2,000 feet in less than 3 miles. Bring warm clothes and a flashlight for the evening meeting.

Carkeek Park Time: Mondays @ 7:30 pm Meet at trailhead at 7pm

NEW UPDATED INFORMATION!

Location: Take Exit 173 to Northgate Way and turn west. After crossing Meridian, Northgate Way becomes NW 105th Street and crosses Aurora Ave. N (Highway 99). Turn right on Greenwood Ave N. and left on NW 110th Street (look for the crosswalk lights above the street). After 6 blocks, NW 110th Street becomes NW Carkeek Park Road and winds down into the valley for 1/2 mile to the park entrance.

The group meets at the beach (weather permitting) at 7:30pm. This park has beautiful sunset views of the Sound. Be sure to dress very warmly and bring candle lanterns and headlamps, as it is dark and usually cold. If it is raining, the group meets in the shelter at the north side of the parking lot. Contact: Dave B. 425-353-8154

OSAT Telephone Numbers

There are two main phone numbers for OSAT...a general info number where you can leave a message to have a person follow up with your questions and an Activities Hotline number where you can find out where the OSAT meetings are held, the contact people's numbers for those meetings and also be able to leave a message for follow up with a member.

General Info	206 686-2927
Activities	206 686-2926

When you call the hotline, enter pass-code 9674. Then follow the prompts...

Handling the OSAT E-List: Tips guaranteed to help you use the OSAT Email list effectively:

UNSUBSCRIBING:

Send a blank email to: **osat-unsubscribe@egroups.com**

SUBSCRIBING:

Send a blank email to: **osat-subscribe@egroups.com**

POSTING: (Use discretion: remember we ALL get the email.) Send your message to: **osat@egroups.com**

“The relationship of height to spirituality is not merely metaphorical, it is physical reality. The most spiritual people of this planet live in the highest places. So do the most spiritual flowers...I call the high and light aspects of my being spirit and the dark and heavy aspect soul. Soul is at home in the deep shadowed valleys. Spirit is a land of high, white peaks and glittering jewel-like lakes and flowers...People need to climb the mountain not simply because it is there, but because the soulful divinity needs to be mated with spirit.”

The 14th Dalai Lama
of Tibet

Club Meeting Notes of August 14, 2002

We met and decided to move the meeting to the outside auditorium behind the church.

Nancy T chaired the meeting.

Committee reports:

Activities Committee—Lori U. spoke of the probability of an upcoming climb party at Cascade Crags in Everett.

The Christmas party will be at Highland Community Center. Karen R. is helping Dick organize the Sept 13-15 Annual Car Camp.

Glacier Climbing Course- Chris N. gave us the update that the course was a "huge success" & thanked all involved. Their last meeting will be on Monday 8/19 & anyone with feedback/suggestions is welcome to be in contact.

Hotline-Pat A not present, no updates.

Library- Will A reports that Rob has found a new home for it in Bellevue which may be more convenient than the previous Kirkland location.

Membership-Jane not present but 3 new memberships collected. Reminder that new Rosters are about to be printed & any updates or corrections should be sent to Jane ASAP. Also, a reminder that dues must be up to date to be included in

the roster.

Safety-No one present.

Treasurer-Teresa reports us as "solvent" and will publish a quarterly update in the next Yodel

T-Shirts-Chuck A not present.

Web Site-Dax not present.

Yodel - Scott not present but has announced by email that the position of editor is open. He has served us well & is ready to turn it over.

Announcements: The OSAT American-Canada relay run team needs an extra member for the event this weekend. Also solicited mental support for the team.

We took a break, expecting the entertainment to be by the Camp Sherman climbing ranger, David Gottlieb. When he did not arrive, a former Camp Sherman climbing ranger, Dean, who was in the audience, entertained us with his stories of early days (1970's) on the mountain.

Notes by Mike R & Nancy T

First Annual Talent Show is a Success!

(Con't from from page 1)

with a great sound system and being our sound engineer for the evening. He was a pro, zipping up on stage at just the right moments moving mics and cords around for the various gigs. Lots of others showed up early to help and the place was a-buzz from then on.

We all dug into the great food and chatted and ate until 7pm...and then it was time for the rubber to meet the road. After seven months of sweet talking, badgering, coercing, motivating and at times begging for people to participate, the true spirit of OSAT coalesced into an evening of wonderment and fun.



Our first entry was a quartet - Russell, Steve M., Nancy and Bill. The only trouble was...they weren't there! They were out having a great kayaking trip up north on Ross Lake!! But they did ship us a tape they recorded around the camp fire with a fine rendition of "Paddle Yer Kayak Up Ross Lake". Thanks you four, you kicked off the evening with a flourish!

Next, I played Beethoven's 'Moonlight Sonata' on a wonderful grand piano the church let us use, dedicating the song to my beautiful daughter Reilly who was with us.

Paul took a break from the sound console and played an acoustic guitar tune he wrote called 'To', a journey of addictions and uncertainties.

Mike P. recited the poem "Gunga Din" by Rudyard Kipling, and then awed us with some fancy unicycling. He shmoozed up Possum Jon

and Brian from the audience to try out the one wheeled bike. It IS as hard as it looks!

Anne then came on stage and let the magic flow as her fingers danced across her harp to the tune of "Greensleeves" also known as "What Child is This".

The OSAT Women's Drill Team took center stage and brought the crowd to their feet. Kimberly, Lori and Tracy decked out and roped up. Good Lord, they'd melt even the hardest glacier ice just by walking over it!

This was the third performance ever of the OSAT Women singing and marching to a tune written and choreographed by Tracy. At the end every female in the place was up on stage dancing the cabaret! Possum Jon, wrapped in a fantastical wolf skin and carved wolf's head, along with his charming daughter Mary Mattea, shifted us into the realm of "Dancing Moon" to the beat of drums and calls of the wild.

The famous Tom M. put everything he had into "The Ballad of Blasphemous Bill." Sub-zero gear, mittens, the saw. We could feel the heat of the roaring fire burning in vain for 13 days trying to thaw old dead Bill out. Then out comes the saw - 'and the deed was done'. Dax played a most wondrous acoustic guitar song he wrote titled "Laughter in the Wind", which was inspired by a spiritual growth book

by Dan Millman called 'The Way of the Peaceful Warriors'. Bob L. strummed his acoustic guitar and sang for us a heart-felt song he composed called "Live for the Music", which is reflective of the life of a musician. "The work of being a musician is for the money, but the music is what you live for." *con't on page 6*

OSAT Traditions

- 1) Every OSAT activity has a designated leader. The leader makes the decision as to who is qualified for the activity. This decision must be based on principles and not personalities.
- 2) Alcohol and illegal drugs are not allowed on any OSAT activity.
- 3) Party members are not to separate from the group without prior permission of the activity leader.
- 4) An OSAT leader should have completed a MOFA course or ensure that at least one participant in the activity has done so.
- 5) When in a wilderness area, each party member will carry the 10 essentials.
- 6) Outdoor activities start with the Serenity Prayer while holding hands in a circle.
- 7) Each OSAT glacier climb will have at least two rope teams that include a person with crevasse rescue training.
- 8) Anyone can volunteer to lead an activity, even a technical climb. As leader, you should be certain that everyone on that activity has signed a Release and Indemnity Agreement. As a participant, you may want to "qualify" your leader.
- 9) Party size for OSAT activities will adhere to the rules of the appropriate jurisdiction.

GREENLAKE RUN!

If you love running, walking, rollerblading, or any other form of exercise, we meet at Greenlake every **Wednesday**, at **5:30 PM** near the drinking fountains near the boathouse (on the south and slightly west side of the lake). Call **Doug H (425) 271-5116** or **Dick W (425) 339-3751** for info or email dougsue@mindspring.com

Yodel Staff

If you want an electronic copy of the Yodel, or have a question about your subscription, send email to: memberships@osat.org, (please only send editorial questions to yodel@osat.org)

Editor: Scott H (425) 346-9302 yodel@osat.org

Printing & Distribution: Tim W.

Sluggertimm@yahoo.com

Memberships & Mailing List: Bob L.
206-543-8142 memberships@osat.org

How to Contribute

The deadline for November Yodel:

October 28th, 2002

Via Email: yodel@osat.org

Via FAX: (by arrangement)

You are **strongly** encouraged to submit your contributions via electronic mail. If you can't do this, contact Scott H for mailing instructions.

OSAT EVENT CALENDAR



Want to lead a trip? Call/Email it to us and we'll list it: yodel@osat.org

REGULAR OSAT EVENTS:

Dinner and a Movie: Third Friday of every month. Call Bob L. for details 206-310-2896

Message from Lori U. our Activities Chair:

More activities will be posted in upcoming yodels. Please respect these following courtesies when signing up for an event. Call leader for sign up and particulars about event (i.e. directions and equipment.)

September

14 Lightning Peak 5 miles, 3900' gain. Exploratory. Kathy O'Toole 253-927-7267 (h) or 253-765-7026 (w).

Or kotoole@wa.nea.org

28 Mount Defiance 9 miles, 3400' gain. Kathy O'Toole 253-927-7267 (h) or 253-765-7026 (w). or kotoole@wa.nea.org

October

27 Enchantments Lakes Tour 19 miles, 4200' gain, 6500' loss. Scott H 425-346-9302 or scott@nwog.org



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SEA-FARING ON SUNDAY

(Con't from from page 1)

The instructor, John S., a friend of Annie's, had one just like it that he had built from the same type of kit. They were beautiful but intimidating. The Breeze sea kayaks that Rob and I rented seemed much more user friendly.

We showed up at the park at 9 a.m., and John explained the parts of the kayak. All I remember is bow, stern and cockpit. We carried the kayaks downstairs to the beach, and from there learned to board, fasten our spray skirts (aka "spray kilts" for the guys), and paddle on out.

The sky was gray and cloudy, the wind was a little rough, and we had to contend with wave action from passing pleasure boats. The Seafair hydroplane races were the same day, in the same lake, but thankfully, not too close to us.

We learned, or at least were shown, how to do wet exits and bow-to-bow rescues. I had not had my face in the water for years, so I wasn't sure whether my contacts would float out when I got into the water. They didn't! Renting a wet suit would have been a good idea, because I was on the border between fear and excitement, and my body was not registering cold. John said I probably was suffering from hypothermia and the characteristic denial. I still don't know for sure, but renting a wet suit would have enhanced my comfort and given the instructor something else to talk about.



Paddling a kayak is harder than it looks. I was out of control most of the time, although I only capsized twice, and those were both on purpose. We learned some good technique for turning, going forward, bracing ourselves, and sliding sideways, and we had plenty of time to practice. We were out there from about 10:30 to 5:30, with a break for lunch on the grass above the beach.

I learned enough to want to do it again, on a sunnier, calmer day, and maybe wearing a wet suit next time. Although this was not an official OSAT event, the three students are all active OSAT members, and true adventurers. I had a good time, despite the overloaded mental feeling I had, and I'm sure I'll do better next time!

John was generous with his time and expertise, as well as encouraging and patient with a freaked-out newcomer (me); thanks, Kayak-man! I also want to thank Annie B. for loaning her kayak to Mike, and for introducing John to OSAT. The wonderful staff at Cascade Canoe and Kayak deserves praise as well, for making us feel comfortable using their kayaks.

Just one more comment to the pleasure boaters out there that day—DO YOU KNOW WHAT A NO-WAKE ZONE MEANS?

Submitted by Robyn Smith

First Annual Talent Show is a Success!

(Con't from from page 4)

Mo and David handed out to everyone all sorts of traditional ethnic bangles, rattles, whiz sticks, flutes, finger twangers, had us all gather in a big semi circle around the stage, and then led us in some great drumming and a cool rendition of "Amazing Grace".



Rocky and Donna's daughters, Maria and Grace, each came up on stage and recited a poem, and then Rocky and his son Dean performed some martial arts for us. What a talented family!

Tracy M. came back up with her kids, Brennan, Kelsey and Shawna and did a great singing advertisement about OSAT. "Go to this web site...call this number..." and the flash

cards would swing on up.

I played and sang an acoustic guitar song I wrote years ago in Alabama called "Feeling the Wind go by", about riding a Harley down the ethereal road of life.

Dick D. came up and talked about his paintings he brought, wonderful water colors, and black and whites. Dick - you have a gift man!

Anne and Lori brought some of their art work to show us; stone and glass work. Truly awesome stuff! All things hand made are a

glimpse into one's soul. Thanks Anne and Lori! Rik A., OSAT's greatest friend, wrapped up the evening with a discussion of famous mountaineer Edward Whymper and a reading from his "Scrambles Amongst the Alps."

We had a full two hours of fun and wonderful performances, but it ended all too soon. Everyone chipped in and helped break down all the tables and chairs, cleaned up the stage and kitchen and by 9:45pm the place was spotless...and all too quiet. As I walked across the empty hall one last time, the sound of my foot steps on the hard wooden floor mingled with the Fading echoes of laughter, song and good cheer.

Several folks have since mentioned that a year is too long a time to wait for the next talent show. So instead of an annual event, we'll go for semi-annual. Look for the next show to be held sometime in Feb. of '03!

Thanks again to all who made this event happen ... Lori, Russell and Bob L. for help in organizing, planning and logistics, sound man Paul, all who came early to help set up and stayed to tear down, everyone in the audience and a most heart-felt thanks to all the performers!



THE GEAR CLOSET

Trekking Poles 101 *by Scott Harder*

These poles were made for alpinists, climbers, and mountaineers. These are the entry level model for their series of trekking and backcountry poles.

Ten years ago a group of climbers and skiers engineered the rescue of Chouinard Equipment from bankruptcy court and created Black Diamond Equipment Ltd, the first ever employee-owned company in the climbing industry.

Black Diamond has been making the best quality alpine equipment for 10+ years.

Pros:

- Durable carbide tips and an ergonomic grip
- Strong and lightweight, you won't find better poles at a better price
- High quality aluminum shafts and carbide tips
- Flick-Lock mechanism is easy to adjust, won't freeze up and won't slip under hard use.

This is the KEY component to why these poles rise above the rest

Black Diamond "Traverse" Trekking Pole



Cons:

Not many, but the Traverse poles only break down once, so they are not as compact as the others on the market, but that only makes the poles stronger.

They have many other models from their Summer & Winter lines that have 3 sections, making them easier to carry on your pack and easier to carry, especially for winter hiking when using poles and an ice axe at different times depending on the terrain. These other models do cost more, but for some it is worth it.

Details:

The other models they make are the Expedition Flicklock (\$98) the Carbon Fiber Flicklock (\$125), and the Flicklock Adjustable Probe (\$89.95). The key component to the Expedition series is that they breakdown into 3 sections instead of 2, but the value factor goes down at that point. I have already used these poles quite a bit and have never been more satisfied with any other pole, and highly recommend any poles that Black Diamond makes.

Check out the whole line at the Black Diamond website at: www.bdel.com



Treasurers Report

Teresa F.

TREASURERS REPORT FOR Q2 – 2002 – PERIOD ENDING 6/30/02

Beginning Balance 4/1/02 **7,297.98**

INCOME

Donations	242.27
Memberships	586.00
Mt.Rainier Climb Fees	300.00
T. Shirts, Band & Stickers	77.00
Total Income	1,205.27

EXPENSES

C. Course Supplies	1,440.28
Church Meeting Rooms	220.00
Library Expense	254.00
Postage	68.00
Utilities	65.00
Yodel	97.88
Misc	92.01
Donations	350.00

Total Expenses **(2,587.17)**

ENDING BALANCE 5,916.08

Financial Statement Prepared by:
Teresa C. Flynn July 02,2002

The Yodel

P.O. Box 6461
Lynnwood, WA 98036-0461

«MemberID» «DuesPT»
«FirstName» «LastName»
«Address»
«City» «State» «ZipCode»

OSAT MARKETPLACE

Advertising in this column is free for all OSAT members. To keep your ad in subsequent issues, you **must** notify the Yodel of your renewal prior to deadline. Send the *Yodel* your personals, gear swap offers, and situations wanted. **50 word limit.**

MOVING SOON? Call Jim Fahey Moving! 18 Years commercial and residential experience. Need help moving a piano? Jim's your man! Ph:425-787-7888 jimfahey@apl.washington.edu

TRAIL BLAZERS--If your body is feeling the aches of conditioning, treat yourself to some body-work! Massage for injury, soreness & relaxation. Discount to fellow OSATers plus Gift Certificates are available.
Call Nancy Thorpe at (206) 523-0844

Home Buyers & Sellers....Call Team Croston to learn how the purchase or sale of your home can benefit OSAT. Dennis & Donna Croston 425-466-6655 or 425-466-5588 or e-mail us

For Sale
REI 4 season Convert tent/footprint
2 person, 2 doors, 1 vestibule, yellow/blue
Approx 3 years old, used very little. \$125.00
Will A. 425-822-0988 willtrek@msn.com

PHOTO OF THE MONTH



Where: Approaching the summit of Iliniza Sur (6th highest in Ecuador, at 17,267)

When: February 2002

Who: This is our guide Pepe's rope, with Lori U and John M following

Submitted by:
Rik Anderson

Send us your images to yodel@osat.org and we'll have the editors vote for the best one and post it here each Yodel!