

THE YODEL



VOLUME 8, ISSUE 9

Keep climbing mountains and don't slip!

OCTOBER 1999

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ONE STEP AT A TIME (OSAT) MISSION:

"To provide a clean and sober environment for members and friends of 12-step recovery groups, to participate in outdoor and social events in the spirit of conservation, preservation, and ecology."

Announcing the Formation of an OSAT Standing Safety Committee and Call for Nominations for its members.

Submitted by Ron D.

A proposal was set before and passed by BOTS on 8/18/99 that standing Safety Committee composed of five OSAT members be formed. The Safety Committee is charged to formulate safety standards for OSAT activities. The actual agenda to be decided as the Committee develops.

This is a call to all OSAT members for self-referral and the nomination of those one feels would serve well upon this committee. Due to the nature of this committee's work potential participants should be OSAT members who have extensive outdoor, activity, expedition and leadership experience. This experience will be one of the primary factors in sitting on this committee. To submit your or another's nomination for the Safety Committee you may email the Safety Committee at (assigned email address) or you can contact Ron Doughty (206-806-7764pgr) or Bill Link (206-789-8758) for more information.

Quick Words from the Editor *By Bill A.*

A couple quick notes – there will be no January issue, so plan ahead if you are leading trips and want the info in the calendar! Apologies to Bob C. /Off Belay - he wrote a nice article and it got butchered in last month's issue. He is recovering this month and we hope he'll write again soon.

From the BOTS

Submitted by Patty F.L.

BOTS Nominations:

Once again OSAT is looking for folks who will be willing to serve the club in the capacity of a BOTS member. The BOTS team consists of 5 club members who each serve a two year term. They meet once a month to discuss club related issues and make decisions in the best interest of the club. There are 3 openings for the year 2000. Tracy M. and Dick W. will continue to serve

Announcing the Climbing Course Committee Report

Submitted by Doug H.

As was stated in my message on the e-groups list and at the club meeting in August, the Climbing Course Committee held it's final 1999 meeting on Tuesday, August 17, 1999. Upon convening, our main goal was to determine what recommendations we should make to the club regarding the climbing course. While it has been brought to the attention of the BOTS and climbing committee that these (or most) of these recommendations have been made previously, unfortunately there appear to be no records to substantiate those claims.

In administering the course throughout this year, it became apparent that in spite of all of the years of dedicated and hard work put in to evolving this course in to what it is today, there remained many issues left unresolved and without clear direction. We as a committee feel it is our obligation to the club membership to be accountable for our actions. So this summary of recommendations is for the club membership to see where we as a committee have left off, and what direction we hope we have pointed the course towards.

The full text of the recommendations contains the experiences that led to these recommendations being made. If anyone would like a full copy of the recommendations, please notify me and I will provide them to you.

Once again, I would like to thank all of the people who contributed in any way shape or form to the climbing course this year and in years past. There is something about someone who sees a need and works in a positive way to fulfill it. I believe that something is called character. Or as my great, great, great grandmother said ""*Ku wahi e nele ai, e ha'awi*" (Where need is, there give).

SUMMARY OF RECOMMENDATIONS

Documentation of committee discussions regarding lessons learned this have been organized around thirteen issues. The committee adopted the following recommendations. [*Editor's note: the recommendations follow in a pull-out section of the Yodel.*]

for one more year.

Bill L., Charlie A. (who filled in for Jim K) and Patty FL will be finishing their term on December 31st, 1999. So far we have gotten a few nominations but want to get as many people interested to throw their names in the hat. We are accepting nominations until the 15th of October. You can call or email any of the BOTS members to give us your name. If you choose to nominate someone, be sure to ask them first. There will be a ballot in the next Yodel which comes out the first

week in November. Ballots need to be sent in prior to November 15th so they can be counted before the Gratitude Dinner. The new BOTS members will be announced the night of the Gratitude Dinner in November. John Repka Memorial Fund: Donations are being accepted to offset the cost of erecting a memorial for John on Tiger Mountain. Checks can be made out to OSAT - John R. Memorial Fund and sent to Charlie A., 1540 Palm SW, Seattle, WA 98116-1732.

Five Years Ago in OSAT

by Rik A

At the July 1994 club meeting "Trusted" was added to the title of the Board of Servants, and the Activities Hotline was added to the Information Hotline. Regular monthly meetings moved to the Kenedydale Memorial Hall in August, Paid membership passed the 100 mark. Bob C reported that over 20 of the graduates of the 1994 climbing course summited Rainier. In October a committee presented a set of By-Laws to the club

Planning was well underway for OSAT's next international climbing trip, the 1995 OSAT Kilimanjaro Expedition. Climbers sponsored a fund raiser breakfast atop Mt. Si in August, and sold t-shirts to raise funds. The club also voted a support donation to the expedition.

Jim, Charlie A, and Hoot reported on their epic climb of Mt. Jefferson in Oregon. "The

rotten summit pyramid was frightening. It was like climbing a pile of books...the worst rock I've ever seen. And steep!" An attempt to see more of the mountain by taking a different way down unexpectedly led to a long day, with the trio returning to camp just before midnight.

A team of 12 OSAT runners was joined by a support crew for the Mt. Rainier to Ocean Shores Relay, which will be remembered for the fierce competition between the OSAT harriers and the all-women squad from the Los Angeles Police Department. When Dick W revealed he'd lived in Seattle for 25 years, her reply was "Wow, that's as long as I've been alive!" In spite of Dick's best efforts, the lead changed hands on this leg and the OSAT team was unable to catch the LA beauties. Nevertheless, OSAT finished in under 24 hours, and had a wonderful time!

Terri St completed the Wonderland Trail circuit in six days, struggling against loneliness, fear, and fatigue. She was nearly swept away crossing a flooded river, met a bear who, to her astonishment, had no fear of her, faced hallucinations and an upset tummy, but in the end persevered and completed the trek eager to try it again.

Jim H was enjoying his retirement to the fullest, as he reported on scores of climbs that summer with one, two, three, or a dozen other OSATers. The list of peaks was prodigious: Jefferson and Hood in Oregon, Stuart, Bonanza, Thompson, Olympus, Red, Merchant, Brothers, Copper and Iron, Lundin, Chair, Hawkins and Esmerelda, Ingalls, Chickamin, Baker, Shuksan, and twice each on the Tooth, Sloan, and Red. And those are just some of the ones he summited! There was also the usual list of weather

disappointments including Rainier and the Tooth (twice each), Brothers, and Chiwawa. He capped off August with a trip to Montana and Wyoming to summit Granite Peak (highest in the state) and attempt the Exum route on Grand Teton with Shirley which was frustrated when it started snowing at the rope-up point. Many of the participants will remember aspects of these climbs fondly as the last summer we were climbing with Jim. For me, the most memorable was Granite Peak climb: the pika we shared our camp with, Jim fishing in Avalanche Lake, Jim startling some sheep at the col and scaring them away before Shirley and I got there, the chimney near the summit where we got our first 13,000 ft elevation rock climb, and the "Sound of Music" descent through the alpine meadows on the way out. *Montani semper liberi!*

Yodel Staff

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How to Contribute

Deadline for November Yodel: October 22, 1999

Via Email: yodel@osat.org

Via FAX: (by arrangement)

You are **strongly** encouraged to submit your contributions via electronic mail. If you can't do this, contact Bill for mailing instructions.

Silver Star Mountain – 8/28-8/29

By Chris F.L.

In attendance: Chris F-L, Patty F-L, Branden V, Thea L, Todd P, Wendy P, and our illustrious Yodel editor, Bill A.

With soul and sinew brimming with confidence, our team shouldered packs, circled up, prayed, and headed up along the course of Silver Star creek for what I assumed would be a pretty laid back weekend in the mountains in the dramatic Washington Pass area. Fred Becky assured me in the red "Cascade Guide" that "parties normally climbed (Silver Star) in a day, but that having a high camp made the climb more relaxing." What I failed to do was "read between the lines" when Fred said that climbers preferred the Burgundy Col approach, but that the Silver Star creek approach made a fine winter ski route.

Three hours and some very minor bushwhacking, losing –the– climber's-path several times kind of approach later, we decided to cross the creek proper and begin searching for the way up, and around the valley headwall at the base the peak. By this time we had all had a fine time comparing bug bites,

and branch inflicted cuts. Silver Star creek was a relatively benign watercourse with several logs to choose from for crossing over.

At this point, we were right up against the base of the Viselike Ridge which connects to the Silver Star massive at Burgundy col, and our hope was to locate some kind of faint path running up "between a granite slab and a talus field." However, we hadn't walked more than a hundred yards from the point at which we crossed the creek when we came up against a wall of vegetation that would put anything that the marines in the movie, "The Thin Red Line" ever had to contend with. It was my hope that we could climb up and around the offending thatch and proceed unmolested to this phantom climbers path up towards the Silver Star glacier.

At last, after finding water to fill our bottles, and watching as the steadily deteriorating sky moisten our chemically saturated skin with a nice brief rain shower, we found a suitable spot to set up a couple of tents, and a large cave-like cavity under a large boulder for those bringing bivy sacks. From

(Continued on page 5)

OSAT QUICK-REFERENCE

Board of Trusted Servants (BOTS)

Bill L. 206-789-8758 *wlink14fun@aol.com*
Patty F.L. 206-789-9503 *patty.flanaganlinderman@gte.net*
Tracy M. 425-204-0168 *coachmahan@aol.com*
Dick W. 425-339-3751
Charlie A. (206) 932-7195 *pine@seanet.com*

12-Step Meeting Coordinators

Tino S. 253-826-1464
Nancy M. 425-747-2763
Bill L. 206-789-8758 *wlink14fun@aol.com*

Contact People

Activities:	Brian C.	425-353-9748	<i>bc8025@aol.com</i>
Activities Hotline:	Rob G.	206-824-7972	<i>osatvoice@aol.com</i>
Equipment:	Grant	206-525-9199	
Finance:	Charlie A.	206-932-7195	
Hotline Message:	Merry O.	Unlisted	<i>mo7climb@earthlink.net</i>
Hotline Follow-up:	Patty H.	206-784-9947	
Library:	Rik A.	206-232-8908	<i>rik.anderson@boeing.com</i>
OSAT East Coast:	John H.	617-641-3423	
Running:	Doug H.	425-271-5116	<i>dougnusue@aa.net</i>
Service:	Dave W.	425-869-0460	
Yodel:	Bill A.	206-729-1887	<i>yodel@osat.org</i>
Webmaster	David C. (Dax)	206-623-7857	<i>webmaster@osat.org</i>

OSAT Club Meeting: OCT. 13th Monthly OSAT club meetings are held the second Wednesday of the month at 7:30pm. We meet at the Congregational Church of Mercer Island, located at 4545 Island Crest Way (take the Island Crest Way exit from I-90, the church is 1.6 miles south of the freeway, on the right. The meeting is held in classroom #1, upstairs on the north end of the building. **Christine Boskoff**, the first North American woman to summit four 8000 meter peaks will share her experience and present slides from her climbing adventures. The current owner of Mountain Madness, Chris has summited Cho Oyu, Lhotsie, Broad Peak and Gasherbrum II, and is leading the Mountain Madness climb of Everest next Spring. **OSAT 12-Step Meeting Locations:**

Tiger Mountain Time: Thursdays @ 7:00 pm & Sundays @ 10:00 am

Location: The Tiger Mountain Trailhead is on the south (right) side of the High Point Way Exit (1st exit east of Issaquah) off I-90. Make a reverse U-turn onto the road parallel with the Interstate. Park as close as possible to the west end of the road to use the cable line trail, or in the upper parking lot to use the regular trail (recommended for first-timers).

Thursday Contact: Tino S. Sunday Contact: Mark S.

Notes: Newcomers should not try to find this meeting alone. We meet in the trees just below the summit of West Tiger 3. The hike gains 2,000 feet in less than 3 miles. Bring warm clothes and a flashlight for the evening meeting.

Carkeek Park Time: Mondays @ 7 pm

Location: Take I-5 to Northgate, take the Northgate Way exit, and head west. Keep going past Hwy 99. When you cross Greenwood, Northgate Way changes to Holman Rd. A block or two later, look for QFC, and travel through the parking lot. You'll find 100th and 6th. Park near there at the Carkeek Park trailhead parking lot. The group meets there at 7 pm and then walks down together into the park. Notes: This park has a beautiful view of the Sound. Be sure to dress very warmly, and bring candle lanterns and headlamps, as it is dark and usually cold.

Contact: Bill L.

OSAT Telephone Numbers

There are two main phone numbers for OSAT - a general information number, good for new members, and an Activities Hotline Number, where members can get up-to-the-minute activity information, as well as leave their own trip announcements.

GENERAL INFORMATION:

(206) 236-9674

ACTIVITIES HOTLINE:

(206) 236-4777 (Use passcode 39)

When you call the hotline, enter passcode 39. Then type: **7** to play messages or **5** to record a new message.

LISTENING: While listening, press **7** to replay current message, **5** to keep current message and listen to the next message. *Never erase hotline entries when you call to listen!*

RECORDING: Press **2** to record your message. When you are done, press **#** to pause the recording. After pausing you may press **2** to add more, or **5** to keep the recording you just made.

Handling the OSAT E-List: Tips guaranteed to help you use the OSAT Email list effectively:

UNSUBSCRIBING:

Send a blank email to: **osat-unsubscribe@egroups.com**

SUBSCRIBING:

Send a blank email to: **osat-subscribe@egroups.com**

POSTING: (Use discretion: remember we ALL get the email.) Send your message to: **osat@egroups.com**

“The relationship of height to spirituality is not merely metaphorical, it is physical reality. The most spiritual people of this planet live in the highest places. So do the most spiritual flowers...I call the high and light aspects of my being spirit and the dark and heavy aspect soul. Soul is at home in the deep shadowed valleys. Spirit is a land of high, white peaks and glittering jewel-like lakes and flowers...People need to climb the mountain not simply because it is there, but because the soulful divinity needs to be mated with spirit.”

— The 14th Dalai Lama of Tibet

OSAT TREASURER'S REPORT

Eight Months - 8/31/99

	Actual	Budget
BEGINNING BALANCE - 1/1/99		\$1,398
INCOME:		
Memberships/Climbing Course	\$4,086	\$3,500
T Shirts/Hats, etc.	\$ 251	\$1,000
Donations	\$ 498	\$ 600
Misc.	\$ 0	\$ 500
TOTAL INCOME	\$4,835	\$5,600

EXPENSES:

Yodel	\$1,186	\$2,500
Postage/Supplies	\$ 275	\$ 350
Telephone	\$ 260	\$ 390
Misc.		
Car Camp-1999	\$ 196	
Climbing Comm Ropes	\$ 375	
Repka Debriefing	\$ 300	
Donations-Thank You's	\$ 300	
Climbing Course-Church	\$ 100	
Social-Climbing Gym(net)	\$ 275	
Bumper Stickers	\$ 140	
Web Site	\$ 190	
Other	\$ 102	
	\$1,978	\$2,000
TOTAL EXPENSES	\$3,699	\$5,240

ENDING BALANCE - 8/31/99 **\$2,533** **\$1,758**

Submitted by C. J. Arvidson, Treasurer. Report Date: 9/2/99

TRIP REPORT Mt. Logan - First OSAT Ascent. August 20-23, 1999. Shirley R. and Dick W. (co-leaders), Chuck T., Tim M., David N.

At 9087 feet in height, Mt. Logan is the 11th highest peak in the state and the 7th highest non-volcanic peak in the state. Although 9087 feet is not impressively high, it is the ruggedness, the remoteness and the glaciation of the mountains in the North Cascades that makes them unique. (Check out Washington's Highest Mountains and Steepest Faces", Stephen Fry, The Mountaineer, 1991, for numbers and ratings).

With such good scenery on our agenda, we planned a somewhat leisurely trip of 4 days, and chose the Fremont Glacier route because it is the best route in late summer.

Our first night was spent at Junction Camp, about 8 miles in. We hung our food in case of bears and got a good night's sleep. The next day we hiked another 8 miles to Thunder Basin Camp, where we would stay for 2 nights. We arrived early, so Dick & I hiked up to check out the climbing route and leave a note for David N., who would come

over Park Creek Pass from Stehekin to join our climb.

The high country above the timber line was a joy. We found the climber's trail and drank in the sights and sounds and smells. After leaving notes for David, we returned campward and encountered Chuck out for a stroll, while Tim was lounging in camp reading John Steinbeck. Chuck built a cheery campfire, we had dinner, and then a meeting. We agreed to leave at 545 a.m. for our summit day. Tim hung our food for us since we elected him because he was good at it.

I can easily recall starting on summit day, because I was leading the way through drenched dewy wet meadow which overhung the trail and dripped into my gaitors. BRRRR. After the meadows we

passed a big waterfall, went up some switchbacks, and there was David N. reading our note. Soon we were all on our way toward the summit, after Chuck had bummed some coffee and we had said a couple of serenity prayers. David led the way, basically making a long rising traverse. We donned crampons to cross a hard steep section of

OSAT Traditions

- 1) Every OSAT activity has a designated leader. The leader makes the decision as to who is qualified for the activity. This decision must be based on principles and not personalities.
- 2) Alcohol and illegal drugs are not allowed on any OSAT activity.
- 3) Party members are not to separate from the group without prior permission of the activity leader.
- 4) An OSAT leader should have completed a MOFA course or ensure that at least one participant in the activity has done so.
- 5) When in a wilderness area, each party member will carry the 10 essentials.
- 6) Outdoor activities start with the Serenity Prayer while holding hands in a circle.
- 7) Each OSAT glacier climb will have at least two rope teams that include a person with crevasse rescue training.
- 8) Anyone can volunteer to lead an activity, even a technical climb. As leader, you should be certain that everyone on that activity has signed a Release and Indemnity Agreement. As a participant, you may want to "qualify" your leader.
- 9) Party size for OSAT activities will adhere to the rules of the appropriate jurisdiction.

snow, skirted some cliffs and did some boulder hopping. Finally we were in the sunshine, at the glacier edge. David told us at that point that he couldn't summit with us, because it was time for him to return to his family in Stehekin.

Chuck led our rope team across the smooth Fremont Glacier to its high point. We unroped and stashed gear, then carefully scrambled up the broken rock to a notch. On the other (eastern) side of the notch, we saw new territory Mt. Goode and Storm King to the south, the heavily crevassed Douglas and Banded glaciers of Mt. Logan, etc. We traversed on class 2-3 ledges, past a false summit, along a notch, and climbed up to the true summit. It is a jagged spot unfit for lounging or summit photos.

There was a summit register, in which we wrote OSAT, our names and some inspired thoughts. After a time we were ready to descend. Traverse on loose rock, down over glacier, long traverse over steep terrain towards trail.

This was when the bugs began their attack. I had left my bug goop at camp, and the childproof cap on Dick's bug goop would not come off. This was clearly the crux of the climb for me.

Neither Tim, Chuck, Dick nor I could unscrew the lid. Tim & Chuck soon took off, using speed as a bug deterrent, while I encouraged Dick to take whatever measures were necessary. A quick jab with the ice axe pick released all the bug goop we could use, and we were soon on our way happily drenched with the stuff, better able to appreciate the spectacular alpine scenery of the descent.

The walk out was actually very pleasant, with sun dappled forest, mossy landscapes, roaring and bubbling streams, many species of conifer trees, lots of weird mushrooms, flowers, and the huge milky green Thunder Creek. The ups and downs of the trail, the occasional blast of cool or hot air, deer seen running nearby, and the many other sights, sounds and smells provided relief from the monotony and fatigue of doing so many miles.

The final stretch was notable for tourists including a woman who kept telling me they should put a cable car up to the mountain. I suggested she go to Whistler, B.C. I am glad there are places you can go that may take more work and time to get to, but that remain somewhat wild and visited by few.

1999 OSAT EVENT CALENDAR

Hey! C'mon guys! Call! the trips don't lead themselves.



Want to lead a trip? Call/Email it to us and we'll list it: yodel@osat.org

ANNUAL OSAT FOOTBALL FAN OUTING

15 October 1999 - 730 PM

Interlake High vs Cedarcrest (at Interlake)

As many of you know, our good OSATer Hoot H. is now the Head Football Coach at Interlake High School in Bellevue. We are compeled to transfer our allegiance to his **new TEAM** and this year our annual football outing will be in Bellevue. Ask anyone who has been to one of these events before and you will want to come. As usual, we will have a Pizza Party, someplace, before. Time and Place to be determined after serious discussions with the local Bellevue Pizza experts. (Any Ideas?)

For more info, contact Charlie / Janyth Arvidson (206 932 7195 - pine@seanet.com) but please wait until after 27 September when they return from their current adventure.

Ken M's September Gear Tip:

Check your stove and fuel before leaving home

Clean the jet, check the o-rings, lubricate the pump-cup, drain old fuel, filter the new fuel (to remove solids), check bottle for cracks or holes. If using a stove that pressurizes the bottle, use a bottle with "CUT" threads on top instead of "PRESSED IN" threads. Example Sigg bottles use pressed-in threads. They are

not designed for pressure use. MSR bottles use cut threads and are designed for pressure. The reason this is important is, the bottle may leak while hot if the wrong bottle is used. Check your manufacturer recommendations for other maintenance tips. Better to do it at home than in the field. White gas can be "old". It's recommended using fuel less than a year old. I filter before each use and have gotten more useful life than that.

(Continued from page 2)

where we were, I could see the terrain much better that I had all afternoon. The boulder field that we were bedding down for the night on, lead straight up through rapidly diminishing vegetation to the actual foot of the imposing granite shield of Vassiliki ridge where one could make out a snowfield nestled on the talus below the cliff face. I had been feeling inadequate, and responsible from the days arduous traverse of this narrow valley and the subsequent minor elevation gain, but now I could see the way was open to the upper glacial cirque.

The pre-dawn showers cleared to absolutely fantastic cobalt

blue skies when we emerged from our sleeping bags. The bugs had seen the flawless skies as well, and sat down to breakfast with us. Within an hour we had broke camp and began a new day on this curiously tiring-yet-beguiling climb.

As we made our approach, I dropped my pack and went ahead to scout the most likely approach. *Voila!* I hailed the rest of the gang who were sitting on the sun-warmed boulders having a quick snack and water break. As I headed back to retrieve my pack, I looked up to pinpoint its location, but couldn't. The reason became all too clear when I saw big Todd (Yee F%*king Haw!!!) P. carrying it

Tuesday Fun Run! Join us Tuesday evenings @ 6:30 for a scenic run along Lake Washington (Mt. Rainier visible on a clear day). Variety of running/walking levels can enjoy a series of flat or if you prefer stairs "yeah baby" paths. Contact Susan & Grant E. 206-721-5868 or meet at the Mt. Baker playground swings.

GREENLAKE RUN!

If you love running, walking, rollerblading, or any other form of exercise, we meet at Greenlake every **Wednesday, at 5:30 PM** near the drinking fountains near the boathouse (on the south and slightly west side of the lake). Call **Doug H (425) 271-5116** or **Dick W (425) 339-3751** for info.

like a mere mortal like myself would carry a sack lunch to the bus stop down at the corner. We met about halfway across, and taking the pack from him, I realized that having really big guys on climbs like this makes me feel just a little more at ease. Todd's an easy going guy, and I enjoyed having him on this trip.

The ramp we used as our egress up onto the Silver Star glacier proper, deposited us onto a wondrously large flat, and very warm boulder. At this point, we were only 1,500 ft below the summit, so Myself, Wendy, Todd, Branden, and Thea decided to make a dash for the summit with what little time remained for us to get back down to our cars. Patty and Bill stretched out like cats on the very inviting "paradise rock" to catch a few solar induced z's. Going super light we eschewed our packs in favor of fanny packs, and began our climb towards our objective. Our objective, so to speak, was not visible to us until we had climbed up over a snow ridge straddling the foot of Burgundy-Chianti spires to the other side. From there the whole rest of the route was laid out before us; a moderate slope that abruptly steepened to about 40-45 deg. Then leveled off at the col between the east and west summits of Silver Star. The other feature we saw was a large schrund that had appeared to almost split the glacier in two, leaving behind a questionable bridge. We elected to go for an even steeper slope further to the right on the other side of a small cleaver. This we did, but while ascending this particular slope we realized that we had nothing to fear of the snow-bridge that we had been trying to avoid as it was long enough, and substantial enough to support a metro bus. Three quarters of an hour, and now two people less

(Branden and Thea headed back short of the final climb to the col, we stood on the summit of the col. I say summit because after taking one look at that unsavory pile of rubble that constituted the final 250 ft. of Silver Star Peak (elevation 8876 ft.), we decided to call it good. We descended over the snowbridge and rejoined our lounge lizards at the rock.

After negotiating the short, steep, and rather exciting snow pitch up over Burgundy col, we slid and skid our way down the relatively steep and loose gully. At one point, we looked over at a pair of climbers who seemed to know what they were doing and it turned out to be Shirley R. and Steve, who were descending the gully on a much more feasible route than we. They had just completed a climb on Chianti spire called, "Rebel Yell", a superb alpine rock climb featured in the Nelson-Potterfield guide.

After a bit more boulder hopping, and very minor bushwacking, we were on our first bonafide trail of the weekend (it seemed). We began to make good time down the steep, knee-busting, ibuprofen gargling final stretch of trail. Todd was elected as the emissary to hitch a ride down to his big truck to retrieve us. As it was, we ended up scoring on the second car that went by. Before the rest of the party had climbed the last bit of talus, Todd was well on his way.

The journey ended with us eating an especially good meal at the "Buffalo Run" in Marblemount. In a season of many disappointments with poor weather canceling a lot of climbs, this one seemed especially sweet in that it was challenging from start to finish. However, let me make it clear that I do not intend to ever go back up the Silver Star creek approach unless I'm looking for a "fine winter route".

The Yodel

P.O. Box 6461
Lynnwood, WA 98036-6461

SUPPORT OSAT IN STYLE:



\$15.00!
OSAT
T-SHIRTS
They come in various colors and sizes!
Price is \$15. Please contact Joan M.
Ph: 425-277-8943

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OSAT MARKETPLACE

Advertising in this column is free for all OSAT members. To keep your ad in subsequent issues, you **must** notify the Yodel of your renewal prior to deadline. Send the *Yodel* your personals, gear swap offers, and situations wanted. 50 word limit.

OSAT Climbers and Adventure Lovers! May I assist your travel planning? I offer my services as a full time travel agent to help get you to the peaks, the shores and the cities. Events available: Honolulu convention in November Women's International in February, Sober Club Med in February. Call me! Janice B at 425-646-8200.

Massage Time! Call Meredith Given, licensed massage therapist to work on you in your home for Relaxation, Chronic Pain & Injury Treatment. (425)438-6829.

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SUMMARY OF RECOMMENDATIONS

The first nine of these are directed primarily to the Y2K OSAT Glacier Climbing Course Committee. The two recommendations regarding student, leader, and instructor qualification are directed to the Climbing Course Committee, but should be reviewed by the OSAT BOTS and/or subsequent Safety Committee. The final two items are directed primarily to the OSAT BOTS and Safety Committee.

Members of the committee who participated in developing and adopting these recommendations were Doug Hutton (chair), Will Alleckson, Rik Anderson, Charlie & Janyth Arvidson, Chris and Patty Flanagan-Linderman, Jim Keefe, Chris Newman, Merry O'Cleary, Roy Ovenell, Wendy Park, and Dick Wright.

Enrollment - Size of the Course: (Made to the succeeding committee)

Limit the course to 40 students who are dues-paying OSAT members and register for the course prior to the first meeting.

Course Promotion: (Made to the succeeding committee)

Promote the course only within the membership of the club. Word-of-mouth, meeting announcements and notices in the Yodel only; Fliers are OK, but only distributed through 12-step meetings or recovery centers, etc., NOT public places, stores, work places.

Students Not in Recovery: (Made to the succeeding committee)

Reduce the level of promotion as mentioned in regard to that issue. Make certain time is set aside and plans are established to have meetings at all overnight outings, ice ax arrest, Camp Muir hikes, and roped travel field trips as well as on the climbs.

Course Content and Frequency: (Made to the succeeding committee and the BOTS)

Continue to offer an annual glacier climbing course. Advisability of other course offerings should be left to the judgment of the club and the BOTS, considering plans for such courses and availability of volunteers to staff both the glacier course and any other offering.

Compass, Map, and Lost-in-the-Wilderness Skills: (Made to the succeeding committee)

Move map and compass training up earlier in the course. Include in the course syllabus a field trip, e.g. at a large park or other appropriate setting, devoted to nothing but how to use a map and compass. . Move the seminar dealing with climber responsibilities earlier in the course, prior to any wilderness outing. Explicitly include in the course discussion about what to do in case you become lost in the wilderness.

Knots, slings, prussiks, hero loops, etc. preparation: (Made to the succeeding committee)

Some teaching standards issues still remain to be resolved. It is recommended that these issues be explicitly addressed by next year's committee.

Course Objective and Experience Opportunities: (Made to the succeeding committee)

Seek opportunities to include student participation in an OSAT-sponsored roped glacier climb prior to signing up for an OSAT climbing course Rainier climb. The climb can be an

organized climbing course event or other OSAT climb, and should include participation in a roped, glacier travel portion of the climb (i.e. Mt. Adams south spur doesn't count!). Consider a Camp Schurmann experience climb in lieu of Camp Muir, which could include actual glacier travel on the Inter and lower Emmons Glaciers. Make sure to include a steep snow roped travel experience in the roped travel field trip.

Group Size for Outings: (Made to the succeeding committee)

Break the students into teams of 8-12, preferably before the event, but at the parking lot/trailhead at the latest. Teach the group that they are to stay together and look out for each other's welfare throughout the trip. Allow movement between groups only under very unusual circumstances, such as taking care of sick or injured participants. The course-long learning team concept should be considered, although there are both advantages and disadvantages to this approach.

Climbing Course Committee Size: (Made to the succeeding committee)

Let it ride -- this is too organic for one committee to pass recommendations on to the next. It depends on who is (1) chairing, (2) doing the work and (3) participating in the committee.

Student Qualification Standards: (Made to the succeeding committee)

Leave as is - presume that a smaller class will make both individual attention and instructor/committee knowledge of individual performance levels adequate.

Leaders and Instructors Qualifications: (Made to the succeeding committee)

Require field trip leaders to present their plan to the committee two meetings before the event, and conduct a final review of the plan on the committee meeting prior to the event.

Club Safety Leadership: (Made to the BOTS)

The BOTS should formally re-establish the position of Safety Chairman. Duties should be outlined in an amendment to the by-laws, but the naming of someone to the position should not be delayed until the by-laws are amended. Such a safety committee should provide safety guidelines for the club, which would be among the operating procedures utilized for the climbing course.

Traditions, formality vs. informality in Organization: (Made to the succeeding committee & The BOTS)

Let it ride. Reducing the size of the course will alleviate many of the problems which led to some desire for a "tighter ship".