

THE YODEL

VOLUME 7, ISSUE 6

NOVEMBER 1998

ONE STEP AT A TIME (OSAT) is an outdoor club for members and friends of 12-step recovery programs. Our mission is "To provide a clean and sober environment for members and friends of 12-step recovery groups to participate in outdoor and social events in the spirit of conservation, preservation, and ecology."

Next Yodel Deadline: Nov. 28th

From the Editor

by Marina S

As I put the finishing touches on this issue of the *Yodel*, I realize that I must make myself write this column. I don't want to do it, but I know I have to.

After weeks of contemplating, agonizing, tossing and turning, I realize I must make a very difficult decision: whether or not to pass on editorship of the *Yodel*.

Even as I write these words now, I keep wondering if I really want to make this choice. No one has asked me to consider this, but I know that the time has come.

A Quick Look Back...
I took over editorship of the *Yodel* in 1995. At the time, my computer skills were limited, and I had no idea what kind of dedication it would take to print (on a somewhat regular basis ;)) a newsletter for a large club. Little did I know that my fortitude would be tested almost immediately.

It was after my first issue that we would lose Jimmy H (OSAT's founder), Scott H and Tom D on Denali in May.

With the help of many, many OSATers and particularly the computer skills of my husband Ivar S, we managed to put together the Memorial issue (July 1995, Volume 4, Issue 7), dedicated to Jim, Scott and Tom; three extraordinary lives. The *Yodel* was published using a Newsletter Wizard in *Microsoft Word 6.0*. It was a lot of hard work, but extremely rewarding.

From that point until exactly three years later, I used *Word* to put the *Yodel* together. In early 1998, Ivar installed *Microsoft Publisher* on our computer, and I was hooked! Since then, I have really enjoyed using *Publisher* to create the *Yodel*, as it is a very flexible program with countless options.

And Now, Back to the "Decision"...

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**KEEP CLIMBING
MOUNTAINS AND DON'T SLIP**

For me, editing and publishing the *Yodel* has been a very gratifying way to serve OSAT.

I feel however, that it is time for me to pass the torch. I strongly encourage anyone who is looking for a sometimes challenging, yet very rewarding way to serve the club, to step forward. Obviously, if you have a good computer, Internet access and personal e-mail, it will make the job that much easier (I know it has for me)! However, this opportunity is open to ANY member of OSAT. *If you're interested, my info is on pg. 2.*

I hope to step aside after the December issue, but I will continue to publish if we don't have a volunteer by the beginning of '99.

Thank You to everyone who has supported and encouraged me over the last 3 and 1/2 years! I really appreciate all the pats on the back!

Five Years Ago in OSAT

by Rik A

The Autumn of 1993 brought another milestone in the development of OSAT. The first BOS (subsequently BOTS, I guess we weren't ready to trust them from the start) was elected in October: Terri S (chair), Dave B, Karen P (C), Steve S, and Bob C accepted the "honor and privilege" to serve the club. They got right to work establishing roles and responsibilities for eight committees.

The first OSAT ice climbing seminar was conducted on the Nisqually Glacier, and Joseph H and his friend Joe began the first OSAT MOFA course -- sixteen eventually graduated, significantly elevating the level of self-reliance and safety of OSAT climbs.

In October Paul C tackled

both the Twin Sisters, east of Bellingham, after having scouted them from the air in a neighbor's plane. My daughter Hillary and I joined him on the North Twin, while Kathy O followed him on a heroic bush-whack up and down the South Twin a couple of weeks later. The rock on the Twins is unique in Washington, it trashes your gloves, grabs your boots, and makes you feel like spiderman.

Other memorable climbs included the Snoqualmie and Guye duo on the day before the big Halloween party at Steve and Francy's. We missed the trail from Cave Ridge, and the resulting bushwhack left several of the party happy with the north summit of Guye, while a few tackled the scramble over to the south summit. Also that Fall, the club finally (on the third try)

succeeded on a climb to the Three Fingers lookout.

Jim celebrated his 15th birthday with Shirley hiking though the Enchantments in a single day, his eighth consecutive year in "this hallowed ground". They met three OSATers who were spending a weekend fishing, which helped solve the logistics of going in Mountaineer Creek and coming out Toketie & Snow Creeks.

Jim described Shield Lake as perhaps his favorite spot in Washington: "The short larch trees are like old friends - I talk to them and they seem to answer me. I recognize familiar granite benches and boulders. The fall colors are everywhere. Above the cliffs and peaks, and below is the sparkling lake ... we reach the lakeshore too soon, but the walking on the plush, grassy meadow is also a delight."

Thank-You!!

by Linda Z

Thanks OSAT! Last month I participated in the trail maintenance party on Tiger Mountain. It was a welcome opportunity to express my appreciation for seven years of trail use. More than a dozen people showed up to build steps, sink sign posts, and place logs on the cable route. What an improvement! If you'd like information about work parties in November, December or January, call Rik A. or

the WTA hotline (517-7032) Perhaps I'll see you there!

At a recent OSAT club meeting Ken M. showed up with an incentive prize he had procured for one lucky work party participant. I was surprised and delighted to have my name drawn to be the winner. I appreciate the MSR WhisperLite Stove that I won, and I'd like to share it. It was the icing on the work party cake. If you'd like to use the stove, just call me. (545-7773)

*Watch your thoughts; they become words.
Watch your words; they become actions.
Watch your actions; they become habits.
Watch your habits; they become character.
Watch your character; it becomes your destiny.*

Unknown

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Check us out on the Web!
<http://members.aol.com/osat1996/index.html>

Board of Trusted Servants (BOTS)

Bill L~206-789-8758
Chris N~206-706-3242
Patty F.L~206-789-9503
Jim K~425-888-3294
Roy O~206-525-0510

12-Step Meeting Coordinators

Terri St~(206) 706-7939.
Mark S~253-631-5354
Bill L~206-789-8758
Walt Q~745-8413

Contact Persons

Activities~Brian C 353-9748

Activities Hotline~Rob G 824-7972

Equipment~ Grant 206-525-9199

Finances~Charlie A 206-932-7195

Hotline Message~Merry O (206) 524-5770

Hotline Follow-up~Patty H 784-9947

Librarian~Rik A 206-232-8908

OSAT East Coast ~ John H 617-641-3423

Running~Doug H 425-271-5116

Service~Dave W 425-869-0460

Activities Hotline
206-236-9674

The Armchair Mountaineer

by Rik A

Next month we will begin to publish a series of lists of the books in the OSAT Hinkhouse Memorial Library. The list in the next *Yodel* covers books about specific climbs and

climbers.

There are many other books in the Library. The complete list is accessible by links from the OSAT home page. Give me a call (206-232-8908), email me, or grab me at any OSAT event if

you'd like to reserve any of the books, or come over to browse the vast collection of the Hinkhouse Library.

Keep climbing mountains (vicariously), and don't fall asleep!

Climbing Course News

by Doug H

The 1999 Climbing Course Committee held it's first meeting on 9/29 at Charlie & Janyth A.'s home. We got a report out from Kim G. regarding the 1998 Climbing Course - another rousing success!

We talked in general about some things that could be done to improve upon next years course. The overwhelming consensus is that there isn't much to be done to improve the course, just a little fine tuning. This year, we've secured several lengths of retired climbing ropes to cut up and hand out to the students to practice those knots. If anyone has a retired rope that they'd like to donate to the climbing committee for use on field trips, please let us know.

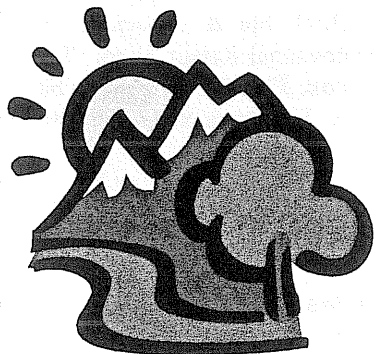
The dates for the seminars are as follows: Feb. 17, Mar. 17, April 21, May 9, June 16. These are

all Wednesday evenings, beginning at 6:00 at the palatial downtown R.E.I.. There will probably be a Saturday lecture as well, probably in April.

The following people are on the committee this year: Doug H. (chair) Chris N. (vice chair) Charlie A., Janyth A., Dick W., Kim G., Jim K., Patty F-L., Chris F-L., Will A., Dave W., Bob L., Wendy P., and Roy O. There will be more than enough work to go around, so if you would like to help out in any way, please call Doug H. @ (425) 271-5116, or any of the others listed here. Our next meeting is Tuesday, Nov. 10, 6:00 p.m. at Charlie and Janyth's pagoda.

Proposal to amend the by-laws It is proposed that the Equipment Committee, as described in the club by-laws Article IV, Section 3 be abolished. The rationale for this

proposal is simple. Section 3, paragraphs C and D have never been fulfilled. Since the initial disbursement of club equipment, it has been passed from member to member, or kept by members (in direct contradiction of Article VIII, section 1). Many club members who have needed or wanted to borrow equipment have never been able to do so as a result of this. As equipment is found, it will be turned over to a BOTS member for



disposal per the by-laws of the club.

OSAT E-mail List

by Rik A

Over 100 OSAT members have email. Over half of these are listed on a page attached to the web site, and the rest are kept in a confi-

dential distribution list. If you have email but are not getting periodic (one or so per week) OSAT messages, send your address to rik.anderson@boeing.com

If you have a message you would like sent to everyone on the OSAT email list, you may also send it to Rik at the same address and ask that he forward it to the entire list.

October BOTS Meeting Minutes

BOTS Meeting Minutes, Oct 28th, 1998

The BOTS Meeting was attended by Chris N, Patty F-L, Chris F-L & Roy O.

The Treasurer's Report from Charlie A was presented. The report covered the period from 7-5-98 to 9-30-98. Income was \$786.39, Expenses were \$538.55. The ending bank balance was \$3016.86. This was big improvement since earlier in the year, we thought there might have a budget shortfall. Charlie A commented to Roy O that Membership Chairman, Bob L did a great job in collecting late Membership dues.

Roy O reported that OSAT now owns a Kodak Ektagraphic Slide Projector. We purchased a used model and had it check out & cleaned by a professional Repair Shop. Total cost, \$288.31. This was a bit more than expected, but we

have a good machine that should last for many years to come. Members are encouraged to take slides when ever they go on a vacation or an adventure so that the slides can be shown at future Club Meetings.

The Annual OSAT Gratitude Dinner is Nov 21st at the Issaquah Church we were at last year. We selected a person to receive the annual service award.

Charlie & Janyth will host a Holiday Party at their lovely home Dec 5th.

1999 Club meetings are being scheduled and the Mercer Island Church was the chosen venue. For Feb 10th, we have Mike "GATOR" Gauthier head Climbing Ranger at Rainier Nat'l Park. We will try to schedule an avalanche presentation for Jan and/or possibly Mike Fagin from Washington

Online Weather (WOW).

The schedule of the Yodel publications was discussed. Perhaps we will have a six week cycle of publication.

Bill L was give authority to purchase new OSAT T-Shirts and to sell them for a profit. We hope to have T-Shirts ready for the Nov 21st Gratitude Dinner..

A letter from an inmate at Monroe State Reformatory was read. Roy O wrote back a welcoming response.

BOTS authorized Chris N to register a Internet domain, OSAT.org. The annual fee is \$35. The future use of this domain will depend upon a suitable host for an OSAT web site.

The next BOTS meeting will be Wed. Nov 18th @ 7:00. Patty F-L will host the meeting at her home.

OSAT 12-Step Meeting Locations

Tiger Mountain

Time: Thursdays @ 7:00 am & Sundays @ 10:00 am

Location: The Tiger Mountain Trailhead is on the south (right) side of the High Point Way Exit (1st exit east of Issaquah) off I-90. Make a reverse U-turn onto the road parallel with the Interstate. Park as close as possible to the west end of the road.

Contact: Thursdays -Bill L ph:206-789-8758

Sundays- Mark S ph:253-631-5354

Notes: Newcomers should not try to find this meeting alone. We meet in the trees just below the summit of West Tiger 3. The hike gains 2,000 feet in less than 3 miles. Bring warm clothes and a flashlight for the evening meeting.

Carkeek Park

Time: Mondays @ 7pm

Location: Take I-5 to Northgate, take the Northgate Way exit, and head west. Keep going past Hwy 99. When you cross Greenwood, N.gate Way changes to Holman Rd. A block or two later, look for Art's Foods, and travel thru the parking lot. You'll find 100th and 6th. Park near there, or in Art's parking lot. The group meets at 7pm in the parking lot, then walks down together into the park.

Notes: This park has a beautiful view of the Sound. Be sure to dress very warmly, and bring candle lanterns and headlamps, as it is dark and usually cold.

Contact: Terri St. ph:425-782-8858

New BOTS Members for 1999!

by Marina S

Congratulations to Dick W and Tracy M for their newly acquired positions on the Board of Trusted Servants (BOTS).

You may be wondering... "Did I miss the election?" ... No you did not, as the existing BOTS determined that there would not be a need for one.

After the deadline for nomi-

nations drew to a close, there were 3 names brought forward to fill the two seats being vacated. However, one of the persons withdrew their nomination, leaving only 2 names. The two names remaining were Dick W and Tracy M.

A great, big, warm thank-you goes out to Chris N and Roy O who have served their positions on the BOTS with great dedication and care.

Having served on the BOTS, I understand the hard work involved and the gratification it can bring. I know that Dick and Tracy will serve their positions well.



October Club Meeting Minutes

Minutes - OSAT Club Meeting, October 14th, 1998.

The OSAT Club meeting was attended by about 25 members and friends.

After the usual opening and introductions, the meeting proceeded in a crisp and lively manner. Old Business consisted of a vote to Purchase more T-shirts and to sell them for a profit. The motion was unanimously approved. Roy O reported that we OSAT now has a complete Kodak Slide Projector for use at future OSAT meetings and events.

The meeting then proceeded to Committee Reports: Membership - Bob L said that we have 6 new members and about 249 total members.

Hotline - Patty H reported that her Hotline duties are going well. We have the new voice of

Merry O to introduce the Club. Much to relief of all, including Roy O. Chris N asked for input regarding the new Activity Hotline procedure. Rik A responded that an advertisement for a local Sport Goods Store had shown up as an activity. BOTS will look it to this to see if it was a member who left the message and to discuss if we should clarify that only activities or events should be on the Activities Hotline.

Activities - Brian C was not present but Rik A reported that 14 OSAT members worked on the Tiger Mt Cable line on Sunday Oct 11th. Riley (Jim K's daughter) held a drawing for a MSR donated Whisper Light Stove and the big winner was....Linda Z! The OSAT Everest Expedition was discussed. Two, one day accents, were scheduled, Tues. Nov. 10th & Sat. Nov. 14th. Call Rik A for details and permit

expenses. Rik also announced that he has a climb of Unicorn scheduled for Sat. Nov. 7th. Linda Z. asked for volunteers to lead SLOSAT climbs this Fall.

Next the meeting proceeded to New Business. Roy O reported the head Climbing Ranger for Mt Rainier Nat'l Park will be the special guest speaker for the Feb 19th, 1999 OSAT Club Meeting. Roy O also reported that based upon an Internet Domain search, the OSAT.org domain is available at \$35 per year. BOTS may wish to purchase this domain for a web page & e-mail uses.

With the business meeting concluded, the meeting was turned over to Jim K, Tom M & Leah M for a very entertaining presentation of slides and commentary regarding their recent trip to Skagway, Alaska and the Chilkoot Pass, Yukon Gold Rush trail.

Monthly OSAT club meetings are held on the second Wednesday of the month at 7:30 PM.

We meet at the Congregational Church of Mercer Island, located at 4545 Island Crest Way (take the Island Crest exit from I-90, the church is about 1.6 miles south of the freeway, on the right. The meeting is held in classroom #1 (Upstairs, north end of hall).



OSAT Mt Si Brunch

by Roy O

The 'somewhat' Annual OSAT Mt Si Brunch was a great success. We served about 75 meals and raised \$455 with food expenses of \$125. That is a \$330 profit!

Thanks to everyone who sold tickets, promoted the event, cooked and especially the MULES.

Without such enthusiastic food & stove Sherpas, this event would not be possible. We were, however, 'busted' by a forester with the WA State Dept of Natural Resources and had to close down the Brunch a bit early (Sorry, Tracy) but so far I have not received a citation from the DNR. Next year we will attempt to get a permit.

If anyone has unremitted money from ticket sales, just make your check payable to: OSAT and send to: c/o Roy O. PO Box 27767, Seattle, WA 98125.

Thanks again for a very successful Brunch.

A Ten Year Old Dream Realized

by Rik A

On a cold mid-winter morning in 1988 a family drove westbound across Snoqualmie Pass for the first time, completing a journey that began in Chicago. Having seen snowstorms in the Plains and Willows, and skied in the Rockies, they were ready to settle in a new home. For the parents, it was a return to the Northwest, and they talked for weeks about all the weekend adventures around Seattle, trying to convince their daughters that giving up airline employee flying privileges was not going to mean an end of excitement in their lives. Coming down I-90, the driver's eye was drawn to the steep face of a ridge scoured by a half dozen avalanche chutes, a ridge which ended in a peak towering high above the freeway. Not a landmark mountain, but the potential scene of future adventure nonetheless. I've recalled that first sight of McClellan every time I've driven down the Pass for ten years.

Ever since the spring when Mt. Si trail was closed for repairs, and we all became more acquainted with other I-90 conditioning hikes, McClellan Butte has been my favorite spring climb. When the avalanche gullies are safe, the 1200-1500 feet of steep snow capped by a moderate, airy scramble leave one with a sense of accomplishment and communion with the mountains in spite of the fact this climb never provides a feeling of wilderness. The sound of 18-wheeler compression brakes and down-shifting is ever

present, and target gunfire up the logging roads toward Mt. Kent is a frequent, unsettling companion. Now the Boy Scout bridge is gone (it became unusable several years ago), and the lower trail no longer follows the old cable-wound log-pipe water-line. But I still love McClellan's East Gully before the snow melts.

Thanks to Will canceling the Annette Lake snowshoe trip, I had a Saturday to reconnoiter the North Face route I coveted. My plan was to go only to the base of the gully, but there I found fresh tracks in the foot of new snow. Another solo climber who drove the logging roads up to the base of the clear cut had paved the way up the gully I longed to ascend. He and his dog turned around 400 feet short of the top, unable to navigate in the fog, leaving to me the joy of step-kicking the final ridge of fully consolidated and wind-packed snow to the base of the steep summit rocks. I looked up the final 60 feet of the mountain, knowing I would not solo it (as Jimmy and Joseph did years ago), but also knowing I soon would scale it with the security of a rope. Below the exposed upper section, the gully was a perfect glissade with the new snow adhering well to the base and creating no threat of entrapment into avalanches such as had created the route.

The following Saturday was the real thing. Weather still obscured those McClellan views up and down the upper I-90 corridor, and there was no fresh snow. The trade-off

was the companionship of Shirley, Pete, and Chris F-L -- a good trade. In the intervening week the snow I had convinced myself was fully adhered to the base crust had come down the chute one snowball at a time, and the base of the gully contained a huge accumulation of the bowling-ball avalanche debris. Again we had an earlier party setting a track, wisely moving to the left through the trees. We passed them about half way up, and thereafter Pete and Chris shared the step-kicking to the base of the rocks. Shirley anchored herself to a bomber tree, I tied myself to a somewhat less secure flake among the loose rock of the face, and Pete just hung on to thin air while Chris set one piece of pro and led up the short chimney to the final summit ridge. The other party turned down the gully as I had the previous week, unprepared for the rock comb necessary to bag the peak from this direction. Snow in the rocks obscured the holds and made for cold hands, but eventually we were all sitting on the summit cornice enjoying our lunch and companionship, there being no views through the dense fog at the top.

The snow in my beloved East Gully was perfect for plunge stepping, and almost too soon we had completed McClellan the hard way. I don't recall whether, when I first saw that North Face ten years ago, I even considered it was within my ambition or ability to ascend it. Now I know. But the thrill of anticipation is still there -- I'll be back!

September BOTS Meeting Minutes

The meeting was held at Jim K.'s house on September 23. Also in attendance were Roy O., Bill L., Chris N. (and Riley)

First order of business was to consume mass quantities of pizza. Next, nominations for the next BOTS election were discussed. Roy stated that as of this meeting only two individuals had been nominated and both had accepted the nomination. If no others are nominated by the October 1 deadline, there will be no need for an election and the two nom-

inees will take over for Roy O. and Chris N. in 1999.

Roy O. passed on the contact information regarding the Mercer Island church (monthly club meetings) to Bill L. Bill will contact the church representative to procure the church meeting space for 1999. Discussion centered on a member's request to change the meeting place. Since no alternative was offered, it was decided to continue meeting at the same location.

The group discussed arranging speakers for upcoming club meetings. Jim K., Tom & Leah M. will present their Alaska journey at the October meeting. Possible future speakers include the head Climbing Ranger for Mt. Rainier (Guthier) and Michael Fagin of WA. Online Weather, who had contacted us with a request to make a presentation. Bill L. will follow up on contacting these individuals.

We then discussed the new methods for using the OSAT hotline. A few problems

(Continued on page 7)

OSAT Hotline Information

In an attempt to make the OSAT Hotline more "user friendly" a new procedure for retrieving information will be presented below. It is important to keep in mind that there will continue to be someone responsible for maintaining the voice mailbox. The voice mailbox is to be used for retrieving information only, please do not erase messages. The procedure for leaving a message on the hotline has not changed. It has been decided to open the voice mailbox to OSAT members in order to make information about club activities more accessible. Most of you are probably familiar with retrieving messages from a voice mailbox. Simply follow the prompts, responding with the codes listed below.

To leave a message regarding OSAT activities call: (206) 236-9674
Press 1 and leave a message at the end of the recording

To get current information regarding OSAT activities call: (206) 236-4777

At the prompt enter the passcode - 39

Press 7 to hear the message

Press 5 at the end of the message

(Continued from page 6)

have come up, some have been resolved, and others may be ironed out in the future. Because the hotline procedures are new, it was decided to wait to see how the use of the hotline changes in the near future.

Bill L. stated that he had made many copies of the current membership roster that was created by Bob L. He plans to make them available at OSAT outings and meetings at no charge. Many thanks to Bill L. and Bob L.

Based on a unanimous vote at

our last meeting, Roy O. used OSAT funds to purchase a slide projector for the exclusive use of the club and its members. It was decided that Roy would keep the projector and make it available to those who request it.

As a method to raise funds and provide members with a means to display their pride in OSAT, we discussed the purchase and sale of new OSAT t-shirts. It was decided that the shirts would display only the OSAT logo on the left chest (similar to the original design w/o a year). If ordered, they would come in

ash, navy, and teal. Based on the cost of our last order, we decided this design would probably cost less. Also, because of the cost, general membership approval is required before club funds can be used for the purchase. A membership vote will be taken at the October club meeting to determine whether or not to purchase the shirts.

A nomination for this years OSAT Service Award was made by Roy O. Approval of this nomination was unanimous and the Service Award will be presented at the Gratitude Dinner in November.

Trail Work on Tiger Continues

by Rik A

women as men.

potluck (our trail work on 10/11 was completed around 2 o'clock).

About 14 OSATers participated in the WTA-organized work party to improve the Tiger Cable Line (directissimo) route on October 11. Although much was accomplished, there is still work to be done, and WTA is organizing teams to get it done. You've no doubt heard how much fun the folks who worked in the first wave had, and perhaps you've had an opportunity to see the results.

On the Tiger Cable Line, WTA work parties are planned for

- * Sunday, Nov 8
- * Saturday, Nov 21
- * Tuesday-Friday December 1-4
- * Sunday, January 17

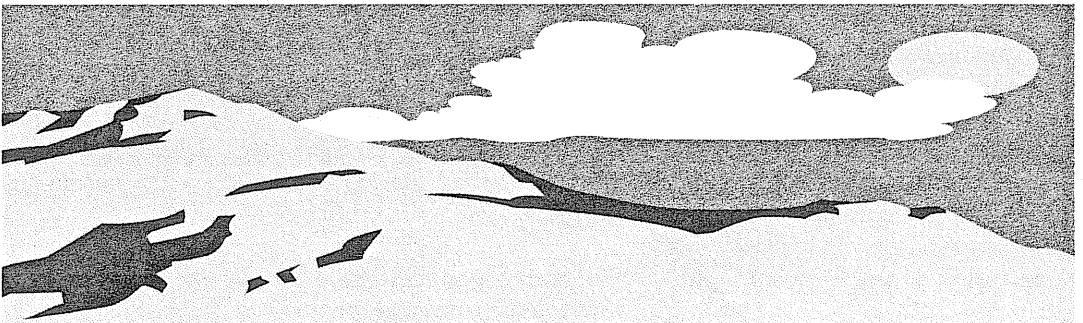
There are also lots of other trails and work team dates -- check out the WTA web site referenced below.

Wouldn't you like a water-bar on the trail you could call your own? Well, there are opportunities a-plenty. NOTE - this is not a guy thing: on our work party we had nearly as many

Unfortunately the Sunday work parties conflict with the regular Tiger meeting. The Saturday work detail is the same day as the Gratitude Dinner, but you'll have plenty of time to get cleaned up and back to the

If you can help out on any (or all?!) of these, please sign up directly with WTA. You can sign up through their web site at <http://www.halcyon.com/scripts/wta/cgi-pvt/teams.pl>, or call their hotline at 206/517-7032 at least a week in advance.

However, let me know after you sign up, so I can tell folks which dates are likely to have other OSAT workers on them. Don't miss this opportunity to model a WTA green-beanie.



"Did You Know"...OSAT Membership Data

by Bob L

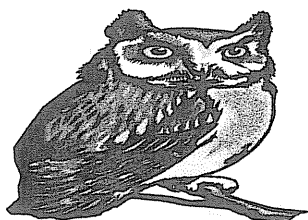
For those of you who don't know, the OSAT Directory is finally out. If you would like to receive one you need to show up at one of the club meetings. They will also be available at the Gratitude Dinner and the Christmas Party. Please contact me with any changes to your listing so it can be corrected for future printings.

Did you ever wonder what was done with the optional information and interests from the membership forms you filled out? Those of you who volunteered to lead activities got your name passed on to the activities chairperson. Don't be surprised if you get a call some day from someone asking you to lead an OSAT activity. Not a lot has been done with the optional information from the membership forms, but I thought it would be kind of fun to give you a look at the demographics of the club.

Total members:	247
Men:	61%
Women:	39%
Average Age:	40
Average Recovery Time:	7yrs 2mos 11days

The Bandersnatch

by Dave N



"Twas brillig and the slithy toves did gyre and gimble in the wabe"—so starts the poem "the Jabberwocky" that Merry and I recited on top of the Bandersnatch, a 150 foot tower in the Olympics.

After three tries Merry, Anita and I realized our minor obsession with this basaltic spire. Lewis Carroll warns to shun the frumious beast, but undaunted we donned helmets and surmounted its narrow summit! While on the final slope to the base of the climb Merry pointed out a stony silhouette. Though it looked to be an owl, I'm sure it was the Jubjub bird.

Sitting on top of this spire was the culmination of three trips over two years. On this one Merry, Anita and I were joined by my good friend Mark and for two days, Pete S.

The entire trip was wonderful, exhausting and fun. Like all my climbs in this area it started with a hearty feast at the Hungry Bear Restaurant. The first leg was a 7.5 mile, 3800 foot climb to upper Lena lake. That evening Anita, Pete and I took a stroll to beautiful little Milk lake. On Sunday the gloomy low clouds of the day before were gone and the sun shone brightly. A 600 foot climb from the lake got us warmed up on our way to that night's night-camp in meadows near the object of our desires. Along the way, we saw the first of several bears at tiny Deerheart Lake.

We made camp and had a bite to eat before saying far-the-well to Pete and

starting off on our Bandersnatch adventure. Returning at sunset, we reunited with Mark and swapped stories.

Monday dawned sunny and warm again making the leaving all the harder. Several moderate up and downs led to the thousand foot scree and snow slope leading to St. Peters Gate. There we sat a while and enjoyed the ravens playing over Mt. Stone before descending to Lake of the Angels. A refreshing dip in the lake was topped off by laying on a sunny slab and laughing helplessly while Merry tried her best to keep a couple of wiley marmots from foraging our packs.

The rest was, as they say "down hill from there". Mark and I topped the trip off by hopping on our stashed bikes and cruising back to the cars.

OSAT ANNUAL GRATITUDE DINNER

JOIN US FOR FELLOWSHIP, FOOD AND MUCH MORE

THIS POTLUCK DINNER WILL BE HELD SATURDAY NOVEMBER 21, AT THE COMMUNITY CHURCH OF ISSAQUAH (SAME AS LAST YEAR). WE WILL ATTEMPT THE FOLLOWING SCHEDULE:

5:00PM	DOORS OPEN- CHIPS, DIPS AND SNACKS
5:30PM	COMMENCEMENT PRAYER AND ANNOUNCEMENTS
5:45PM	LETS EAT!
6:00PM	PROGRAM BEGINS: CERTIFICATES AWARDED FOR COMPLETING THIS YEAR' S CLIMB COURSE BOTS NOMINATIONS FINALIZED BOTS AWARD FOR OUTSTANDING SERVICE AND A FLOOR SHOW!
7:00PM	HAVE SOME COFFEE, DESSERT AND MINGLE
9:00PM	CLEAN UP!

TO HELP WITH THE MENU PLEASE BRING BY LAST INITIAL THE FOLLOWING:

A - D A SALAD AND BREAD
E - L A SIDE DISH (POTATO, RICE, VEG., STUFFING, ETC.) AND BREAD
M - S MAIN COURSE
T - Z DESSERT

TO GET THERE:

TAKE I-90 TO ISSAQUAH. AT THE SECOND ISSAQUAH EXIT (FRONT STREET).

TAKE A RIGHT (SOUTH). FOLLOW FRONT ST. TO SUNSET WAY (ABOUT 3/4 MI.)

AND TURN RIGHT AGAIN. IN ABOUT 3 BLOCKS YOU ARE AT A LIGHT AT

S. E. NEWPORT WAY. GO THROUGH THE LIGHT, STAYING ON THE LARGER STREET

GOING A LITTLE TO THE LEFT AND UP HILL - THIS IS MOUNTAIN PARK BLVD.

THE CHURCH IS ON THE LEFT ABOUT 2 BLOCKS UP. 205 MT. PARK BLVD. S.W.

OSAT'S Excellent Adventures

NOVEMBER

Nov Thanksgiving Appetite Builder - Mt. Si, 7am Leader/
Contact: Rik A at 425-234-1770

1999!!

Jan. 1, New Years Day 1999 - Mt Si - 8am Leader/Contact:
Rik A at 425-234-1770

May 1-3, 1999 *OSAT BC Base Camp* Several days of spring climbing in the BC Coast Range - Joffre Lakes group of 7500-9100 ft glaciated mountains encircling a beautiful lake basin - North of Whistler/Pemberton For experienced glacier climbers only. Leader/Contact: Rik A at 425-234-1770

Memorial Day Weekend, 1999 *Three Sisters*, Oregon (4th OSAT attempt on the gnarly Northy!! This time we'll get her!! Scheduled later this year to avoid the long snowshoe trek!) Leader/Contact: Rik A at 425-234-1770

s!OSAT HIKES

For OSAT members and friends who prefer a slower pace, the adjunct, *s!OSAT*, now offers non-summit oriented serenity hikes. (Also considered ideal re-conditioners for recuperating OSAT members) No need to rush during these gentle hikes, chosen for their natural beauty and limited elevation gain. Your hiking suggestions and leadership services are welcome. Please join us. Call Linda Z. for information: (206) 545-7773

We need leaders for crisp walks in the Autumn woods --

just imagine the possibilities..... Please join us. Call Linda Z. for information: (206) 545-7773

Date TBA: *Annette Lake* Leader/Contact: Linda (206) 545-7773

Date TBA: *Hart's Pass* (2 day car camp) Dick W (425) 339-3751

Date TBA: *Mt. Angeles* (Hurricane Ridge) (Terri P.?)

Date TBA: *Rachel Lake* Leader/Contact: Doug & Susan (425) 271-5116

Date and Leader TBA: *Tahoma Creek Trail* (Wonderland Suspension Bridge)

Date and Leader TBA: *Boulder River Trail*

RUN FOR FUN (or pain!) -- If you love running, walking, rollerblading, or any other form of exercise, we meet at Greenlake every Wednesday, at 5:30 PM near the drinking fountains near the boathouse (on the south and slightly west side of the lake). Call Doug H (425) 271-5116 or Dick W (425) 339-3751 for more info.

OSAT Holiday Party

Once again, Charlie and Janyth A have opened up their beautiful home in West Seattle (with the ever-so-awesome view of downtown) for our big holiday shin-dig!

When: December 5, 1998

Address: 1540 Palm Ave. S.W.

Time: 6:00 pm

In the grand tradition of most OSAT events, it's a potluck! The following list is based on the first letter of your last name:

- A-D Bread/Chips/etc.
- E-L Dessert
- M-R Salad
- S-Z Entree

Progressive Gift Exchange: If you'd like to participate, please bring a gift that costs under \$15.

Santa is likely to drop by, so you'd better be good for goodness sake! (Hope to see you there even if you haven't been)!



OSAT Marketplace

Advertising in this column is free for all OSAT members. To keep your ad in subsequent issues, you must contact Marina, prior to deadline. Send your personals, gear swap offers, and situations wanted (e.g. "will belay for food") to the *Yodel*, Marina S. at 22810 55th Ave. W., Mountlake Terrace, WA 98043 or e-mail me at...sandsmar@sprynet.com

RELATIONSHIPS: If you feel like you are getting your primary addictions under control and want to start working on the relationships in your life, call Rich H, MA, Marriage and Family Therapist at 206-547-2756

IF YOUR BODY WEARS OUT, WHERE WILL YOU LIVE NEXT? Go see DR. MARK FREDRICH at his new location at: WOODWAY CHIROPRACTIC 20015 Highway 99, Suite A Lynwood, WA 98036 Ph: 425-771-BACK (425-771-2225) FREE INITIAL CONSULTATION AND EXAMINATION FOR ALL OSAT MEMBERS

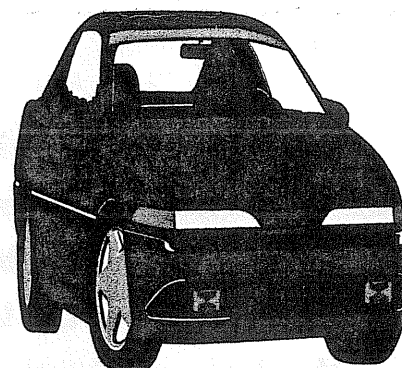
OSAT CLIMBERS AND ADVENTURE LOVERS!

May I assist your travel planning? I offer my services as a full time travel agent to help get you to the peaks, the shores and the cities. Events available: Honolulu convention in November Women's International in February, Sober Club Med in February. Call me! Janice B at 425-646-8200.

Found: At the climbing course potluck, a complete set of negatives bundled with tickets to the upcoming fundraiser. Contact: Chris N. (206)

WANTED: Climbing/Ski partner to make turns on NW volcanoes and other unnamed (but will be found) descents. Write Ciel Sander, PO Box 175, Albany, OR 97321 or call 541-752-6987. Will ski for food!

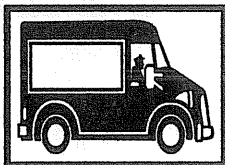
For Sale: 1988 Red Honda CRX, One owner, 90,400 miles, excellent condition, \$3300 obo, Call Roy O or JoAnne O @ H # (206) 525-0510.



Moving Soon?

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"The relationship of height to spirituality is not merely metaphorical, it is physical reality. The most spiritual people of this planet live in the highest places. So do the most spiritual flowers...I call the high and light aspects of my being spirit and the dark and heavy aspect soul. Soul is at home in the deep shadowed valleys. Spirit is a land of high, white peaks and glittering jewel-like lakes and flowers...People need to climb the mountain not simply because it is there, but because the soulful divinity needs to be mated with spirit."

The 14th Dalai Lama of Tibet