



OSAT

**Twenty Years Old
... and still taking just
One Step at a Time!**

**OSAT Gratitude Dinner
November 19, 2011**



Inspiration – Jan. 1, 1989

“Snow hung on the branches in big bunches and formed a glistening blanket ... The cold air was clean and crisp... a delightful day and I felt wonderful. Good to be alive and to be sober...



“Then a thought hit me: **Why don't I somehow combine mountaineering with recovery?** ...

“The idea began to form: Mountaineering as an aid to recovery from addictions. I had heard of mountaineering programs for misguided adolescents and rich executives. Why not something for the average drunk?”

Jim Hinkhouse

From his draft of a book about OSAT's beginnings

Refer to the May 2010 *Yodel* for entire story of this hike



1991 AA Mt. Rainier Expedition



Photo credits: Terri S (except upper left - Rik)



OSAT Timeline - The Early Years

- 1989 – Inspiration
- 1990 – The Irish Curse Climb
- 1991 – The “1991 AA Mt. Rainier Expedition”
- 1992 – Monthly “business meeting” started
- 1993 – “Keep climbing mountains...and don’t slip!”
and 1st Board of (Trusted) Servants
- 1994 – By-Laws
- 1995 – Kilimanjaro and Denali



Founder Jim Hinkhouse

Athlete
Mathematician
Teacher
Economist
Mountaineer
Friend
Writer
Recovery Professional
Confidant
Inspiration
...and the Spirit of OSAT

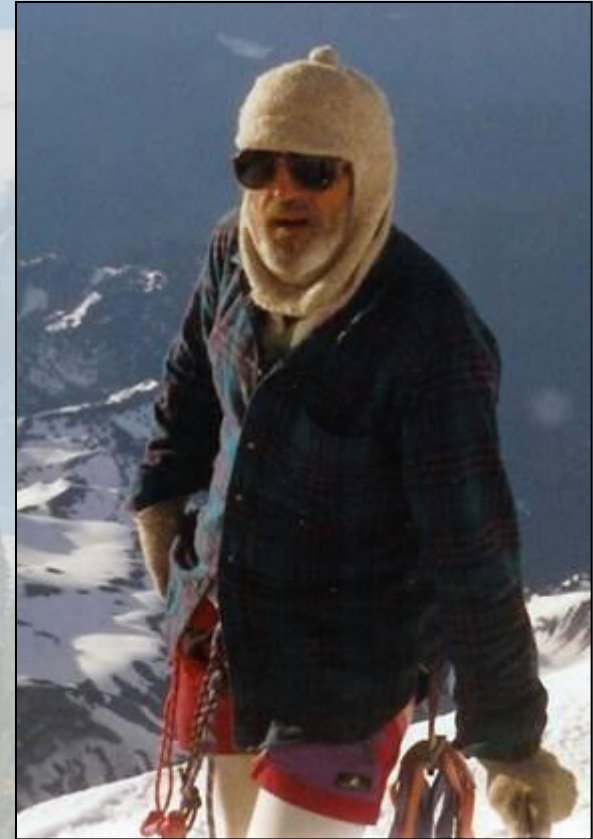
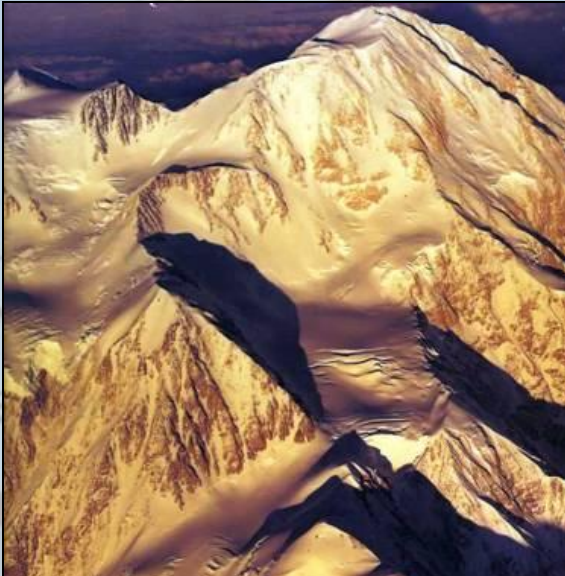


Photo credit: Dick W.



1995 - A Turning Point



- Denali Tragedy
- OSAT, Inc.
- 501(c)3





1996 - 2002

- 1996 – Initial web site
- 1997 –Aconcagua
- 1998 – Email list
- 1999 –www.osat.org
- 2000 – Hinkhouse Peak
- 2001 – Climb course becomes “GCC”
- 2002 – Ecuador Expedition





2003 - 2009

- 2003 – Kevin & Jay do Outer Space
- 2004 – Jim's book begins in *The Yodel*
- 2005 – Kelly does Kili
- 2006 – OSAT BC is born
- 2007 – The usual OSAT activities
- 2008 – Nalgene bottles died
- 2009 – New OSAT.org site



Milestones

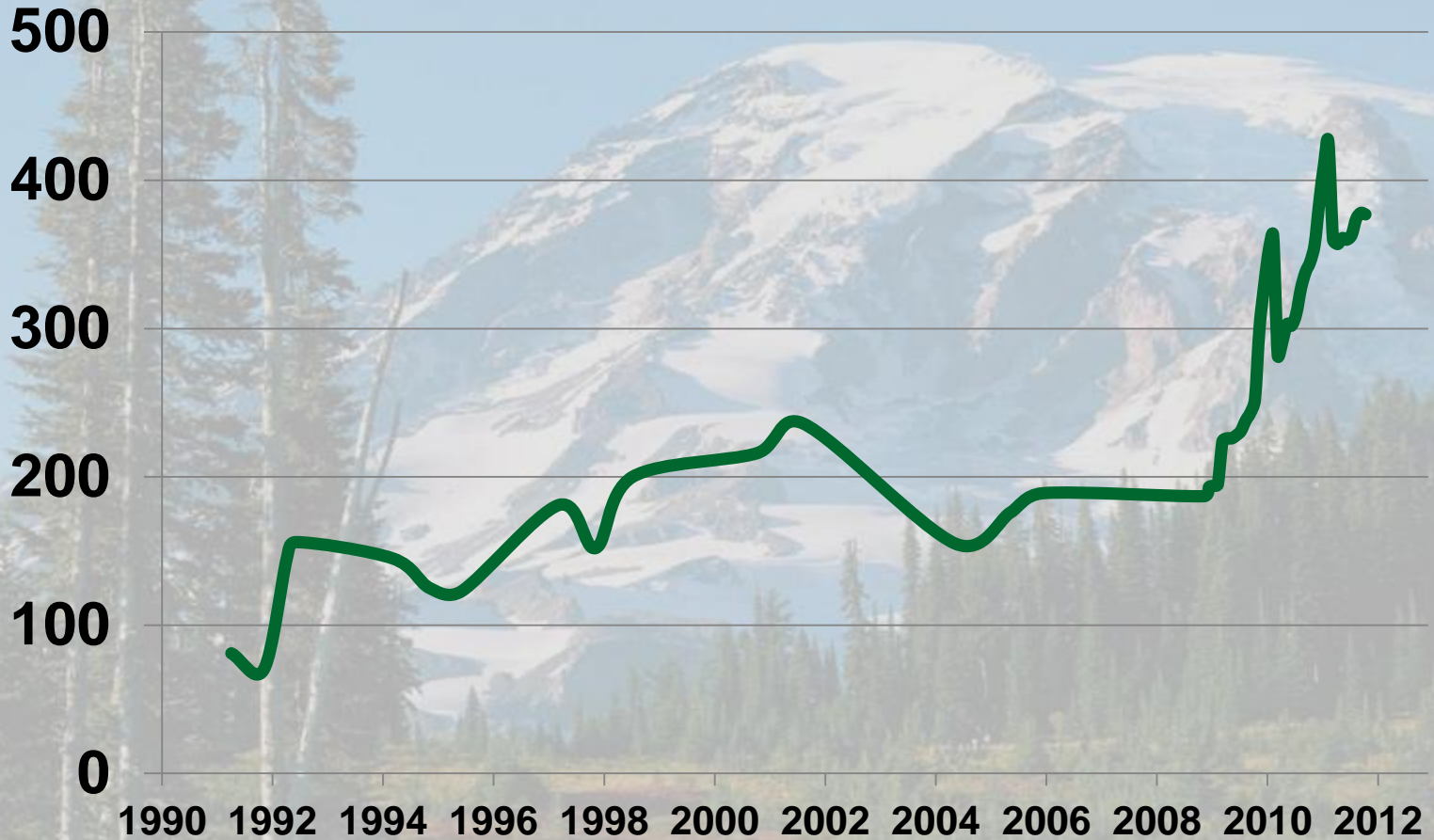
- 1992 – John Codling
- 1995 – Jim Hinkhouse
Scott Hall
Tom Downey
- 1999 – John Repka
- 2005 – Mike Robb
- 2006 – Ed Miller
- 2008 – Martin Barber
Dave McClenahan
- 2010 – David Brown
- 2011 – Leah Morgan
Lee Wiseman

"Let children walk with nature, let them see ...
the communion of death and life ...as taught in woods and
meadows, ... and mountains and streams of our blessed star,
and they will learn that death is stingless indeed,
and as beautiful as life."

John Muir



Membership Growth





Keep Climbing Mountains And Don't Slip!



Summit of Hinkhouse Peak, May 2004, Photo credit: Russell S